



Intent Statement

To develop the character of our students so that they become well-rounded, knowledgeable, empathetic and understanding citizens, who become inspired, to actively support society and their local communities. PSHE also aims to develop the student's skills and attributes, allowing them to manage their lives effectively now and in the future. Our programme also helps pupils to stay healthy, safe and prepared for life and work in modern Britain.

		MICHAELMAS TERM	LENT TERM	SUMMER TERM
KEY STAGE 3	Year 7	<ul style="list-style-type: none"> • Commando Joe's • First Aid including CPR and burns • Puberty and emotional well-being • UNICEF – Humanitarian work • Equality 	<ul style="list-style-type: none"> • Digital Literacy – Managing online risk • Mental well-being/health • Keeping ourselves safe in the wider world (knife crime, run, hide and tell during terrorist attacks, stress and managing stress) 	<ul style="list-style-type: none"> • Drug Education • Managing revision and the impact this has on our well-being (study skills) • Relationships, diverse relationships, different types of families and grief.
	Year 8	<ul style="list-style-type: none"> • Show Racism the Red Card 	<ul style="list-style-type: none"> • Digital Literacy – digital footprint • Safety – The Ripple Effect. Impact of knife crime to all parties involved. • The rule of law and drugs. Tobacco and the health effects. 	<ul style="list-style-type: none"> • Relationships and effective communication • Gender Identity • Development of LGBTQ+ rights • Pornography the unhealthy relationships • Developing conflict management skills
	Year 9	<ul style="list-style-type: none"> • Alcohol and the rule of law (exploring different laws around the world) • CPR • Child on Child abuse • Bullying and harassment 	<ul style="list-style-type: none"> • Developing respectful relationships • Consent – what does this mean? • Pregnancy and miscarriage • STI's 	<ul style="list-style-type: none"> • Next generation awards • Conflict and radicalisation • Equality and discrimination – LGBTQAI+ • HBT language



PSHE

Curriculum Intent and Overview (Years 7-11)

		<ul style="list-style-type: none"> Trolling and social media 	<ul style="list-style-type: none"> Contraception Biological and emotional aspects of sex Sexual images and the media 	<ul style="list-style-type: none"> Well-being when experiencing discrimination/bullying
KEY STAGE 4	Year 10	<ul style="list-style-type: none"> Different types of relationships – focusing on healthy vs unhealthy Relationships and the media Child sexual exploitation Consent Sexting Contraception HIV/AIDS Revenge porn 	<ul style="list-style-type: none"> Drug education – reasons behind drug use Dangers of prescription drugs How drugs biologically affect the brain Dangers of cannabis 	<ul style="list-style-type: none"> Respect – what is sexual harassment links to the equality Act 2010 Domestic violence Controlling behaviours Importance of sleep Gaming Promoting a healthy way of living Different types of mental health illnesses Reframing negative thinking
	Year 11	<ul style="list-style-type: none"> Healthy and unhealthy relationships – recap Sexual consent Honour based violence Managing relationships during challenge times Sexual harassment in the workplace Safe sex and STIs Porn and unhealthy relationships Abuse in relationships 	<ul style="list-style-type: none"> Gender identity and sexual orientation To recognise the warning signs of poor mental health and discuss the reasons behind this – linking to relationships Pregnancy and miscarriage Screening and self examination Menopause 	<ul style="list-style-type: none"> Managing finances Using feedback constructively and not taking such information personally How to maximise employability Working part time and studying – managing this effectively